

2 mins

Steve

JOTA ARAGONESA

3/4 Time

BAR BEATS

A dance for any number of couples. The man shows off his agility to the woman who follows his steps. The basic Jota step is always danced first, the others at will. However, the following sequence fits the music available to us.

Unless otherwise stated, the upper arms are held at shoulder level, arms curved with elbows bent outwards. Even when this basic position is changed, the arms should maintain this crescent shape at all times.

The body is generally upright and proud, occasionally bent from the waist. Knees should be flexed so that all the movement is from the waist down. However energetic the kicks and pas de basque, the top half of the body should not be seen to bounce up and down. The men would leap high, as in the cabrioles at the end, but he should aim to get his feet high at the side rather than his head.

1-8 INTRODUCTION

9-10 The man pulls the girl onto the dance floor, holding her left wrist in his right hand, and

11-12 Turns her once under their joined hands (ccw) to finish facing the Presence.

Acknowledgement, Basic Jota Step and Double Jota Step

- Partners release hands and, facing the Presence,
- 1 • 1 Step fwd on LF, bring arms fwd horizontal
- 2 Hop on LF
- 3 Step fwd on R heel, bending slightly fwd to acknowledge the Presence
- 2 1 Step back onto LF
- 2-3 Turning cw on the spot (men 1, 1/4 turn, girls 1/2 turn) step RF, LF to finish facing partner
- 3 1-2 Hop on LF landing with weight on LF and R toe touching L toe
- 3 Hop on LF while RF describes a semi-circle in the air, R knee close to L knee, lower leg held sideways at knee level
- 4 1 Step RF behind LF)
- 2 Step LF to the side) Pas de Bourree
- 3 Step RF in front of LF)
- 5-6 Repeat Bars 3-4 hopping on RF and travelling to the right
- 7-10 Repeat Bars 3-6
- 11 1-2 Hop onto LF landing with weight on LF, R toe touching L toe
- 3 Hop on LF circling RF sideways as in previous step
- 12 1-2 Hop on LF closing R toe to L heel
- 3 Hop on LF circling RF fwd
- 13 1-2 Hop on LF closing R toe to L toe
- 3 Hop on LF circling RF sideways as in previous step
- 14 1-3 Repeat Bar 4 (Pas de Bourree)
- 15-18 Repeat Bars 11-14, hopping on the RF then travelling to the right
- 19 1-2 Hop on LF, R toe touching L toe
- 3 Hop on LF flicking R leg out to the side, R knee touching L knee
- 20 Close RF to LF, momentarily transferring weight ready for next step.

Rt RF in front then

Side Step

- B1
- 1 Step LF to the side
 - 2 Hop on LF (still travelling slightly to the left) while extending RF out to the side.
 - 3 Close RF to LF
- 2-3 Repeat Bar 1 twice more
- 4 1 Hop onto LF (in place) kicking RF fwd (just off the ground)
 - 2 Hop onto RF kicking LF fwd
 - 3 Hop onto LF kicking RF fwd
- 5-8 Repeat Bars 1-4 commencing on RF, travelling to the right
- 9-12 Repeat Bars 1-4 travelling again to the left
- 13 1-3 Jump ft apart but with weight on RF LF
 - 14 1-3 5 Hop 3 times on RF, travelling slightly to the right, bringing L knee up in front and swinging lower left leg to rt, lft, rt. R
 - 15 1-3 Jump ft apart but with weight on LF
 - 16 1-3 5 Hop 3 times on LF, still travelling slightly to the right, swinging R leg across lft, rt, lft.

Turns

- 17 1 Jump with feet apart, body facing left, right shoulder towards partner, looking at partner over right shoulder *ARMS UP*
 - 2 Hold that position *WT ON LF*
 - 3 Hop onto LF and bringing R foot behind L ankle in a small 'ronde de jambe'
- 18 1-3 Turn cw 1, 1/2 times with 3 small runs RF, LF, RF, travelling and kicking heels up behind) to finish facing in opposite direction
- 19-20 Repeat Bars 17-18 but turning and travelling left, ccw.
- 21-32 Repeat Bars 17-20 three times (making 8 turns in all)

'Y' Shape Step

Travelling diagonally fwd left to finish to the side of your partner R shoulder to R shoulder (with R arm raised above the head and L arm curved across the body at waist level)

- C1
- 1 Step RF diagonally fwd left
 - 2 Hop on RF flicking LF fwd, leg fairly high (girls will flick their petticoats)
 - 3 Step on LF
- 2 Repeat Bar 1
- 3-4 Travelling back to place, gradually bringing L arm up to meet R arm,
- 1 Step RF back)
 - 2 Hop on RF bringing LF up, out and round to) kind of 'reel' step
 - 3 Step LF behind RF)
 - 4 Hop on LF bringing RF round to
 - 5 Step RF behind LF
 - 6 Hop on RF (keeping LF close to RF)
- 5-8 Repeat Bars 1-6, but travelling diagonally fwd right. commencing with
- 9-12 Step Hop on LF (left arm raised, R arm at waist level) and back to place.
Repeat Bars 1-6, again to the left.

Kneeling and Heel-Toe Step

Commence by facing partner, feet slightly apart, arms at shoulder level,

- D 1 1-2 Turn the body sharply to the left and kneel on R knee (but continue to look at your partner over your R shoulder, R arm at chest level, L arm above your head)
- 3 Without changing the position of the feet, rise up and turn to face the other direction (cw) commencing to change arm positions but continuing to look at your partner.
- 2 1-2 Kneel on L knee, body facing right but looking at your partner over your L shoulder
- 3 Rise up and face partner
- 3 1-3 Step onto LF and pivot left (ccw) on the spot bringing RF in front of L shin in a small inward 'ronde de jambe', arms at shoulder level.
- 4 Close RF to LF and face partner
- Keeping the body facing your partner, R arm lowered and slightly to the side, look down, under your R arm at your R foot,
- 5 1 Hop on LF and touch R toe to the side, knee turned in
- 2 Hold that position
- 3 Hop on LF and touch R heel to side, knee turned out
- 6 1 Hop on LF and touch R toe to side, knee turned in
- 2 Hop on LF and touch R heel to side, knee turned out
- 3 Hop on LF and touch R toe to side, knee turned in
- 7 1 Hop on LF and touch R toe to L toe, knee turned out
- 2-3 Lift RF just off the ground and describe two small cw circles (outward 'rondes de jambe') now looking at your partner, and hop on LF on the third beat
- 8 1-3 Turn cw on the spot by stepping RF, LF, RF, finishing facing partner
- 9-12 Repeat Bars 5-8 but hopping on the RF and toe-heel-toe movement with LF
- 13 1-3 Pas de Basque Step to the right
- 14 1-3 Pas de Basque Step to the left
- Turn once on the spot to the right, (cw) by stepping
- 15 1-2 RF
- 3 LF
- 16 1-2 RF (facing partner)
- 3 Close LF to RF

Pas de Basque Steps in a Diamond

Men

- E 1-2 Dance two Pas de Basque Steps on the spot, to left and right.
- 3 Dance one Pas de Basque Step to the left, travelling diagonally fwd left to the next point of the compass, at the same time making as if to catch hold of your partner
- 4 Dance Pas de Basque step to the right on the spot in the new place, stepping back slightly, having not caught your partner.
- 5-16 Repeat to each point of the compass until back to place.

Girls

- 1-2 Dance two Pas de Basque Steps on the spot, to left and right.
- 3 Dance one Pas de Basque Step to the left, travelling diagonally fwd left to the next point of the compass, at the same time bending down under the man's extended arms to avoid being caught and making a full turn left (ccw)
- 4 Dance Pas de Basque Step to the right on the spot.
- 5-16 Repeat to each point of the compass until back to place.

Forward Kick Step, Basic Jota Step and Cabrioles

- F 1 1-2 Jump feet together
3 Hop on LF kicking RF fwd just off the ground *High for man*
- 2 1 Change weight onto RF kicking LF fwd
2 Change weight onto LF kicking RF fwd
3 Change weight onto RF kicking LF fwd
- 3-4 Repeat Bars 1-2 reversing footwork
- 5-8 Commencing with a hop on the LF dance two basic Jota Steps finishing with the weight on the LF.
- 9 1 Step RF across in front of LF
2-3 With L leg extended to the left in the air
Hop on RF, bringing the RF up to meet the LF, clicking the soles of the feet together and landing on third beat
- 10 1 Step LF across in front of RF
2-3 With R leg extended to the left in the air
Hop on LF, bringing the LF up to meet the RF, clicking the soles of the feet together and landing on third beat
- 11 1-3 Step RF across in front of LF and repeat Cabriole to the left as in Bar 11 finishing with weight on RF
- 12 1-3 Dance one Pas de Basque step to the left

• Final Turn

Chords

Turn to the right on the spot, with two steps RF, LF

Man kneels on right knee, girl stands poised on left leg with right toe resting on man's left knee. Both men and girls have one arm raised above the head, the other fwd at waist level.

SUMMARY

Run on and turn girl under
Acknowledge Presence and Turn right
Simple Jota Steps x 4
Double Jota Steps x 2
Side Steps with kicks x 3 and 'shake a leg'
Turns x 8
V Step, left, right, left
Kneels, left, right
Toe-Heel-Toe Step, right, left
Pas de Basque in Diamond
Forward Kick Step x 2
Simple Jota Step x 2
Cabrioles x 3
Pas de Basque Step left and
Final Turn to the right

